

Sanjivani Rural Education Society's

Sanjivani College of Pharmaceutical Education and Research, Kopargaon





PHARMA SANJIVANI 2022-23 MAGAZINE

"Pharmacy: Always trusted for your Health"





Hon. Shri. Nitindada S. Kolhe Saheb

Executive trustee Sanjivani Rural Education Society, Kopargaon

• Message •

"A college is a building surrounded by four walls with the future inside." It's a social institution that reflects the standard of the society. Therefore good colleges are needed for good society to recognise and utilize its hidden talents for the fullest upliftment and progress. A college plays important role in changing society and its people in the sphere of academic, social, economic, mental, moral and physical development. Above all it keeps its doors open for all irrespective of everything. I appreciate efforts of students to make college proud. I am pleased to note that Sanjivani College of Pharmaceutical Education and Research, Kopargaon is bringing out its issue of annual college Magazine "PHARMA SANJIVANI 2022-23 as one part of college students activities."

Sanjivani College of Pharmaceutical Education and Research is a blend of technology and health science proposed to produce competent pharmacy professionals who will promote health care system both in our country and abroad. SCPER has always strived for excellence and will set high standards in pharmacy education. Sanjivani provides opportunities for developing leadership qualities, organizational skills, art and cultural activities and promotion of sports culture. Magazine is one such attempt. I take this opportunity to congratulate and convey my heartfelt greetings and appreciations to one and all involved in this endeavour.



Hon. Shri. Bipindada S. Kolhe Saheb

Trustee
Sanjivani Rural Education Society, Kopargaon

• Message •

"It is really heartening to know that the Sanjivani College of Pharmaceutical Education and Research is bringing out their college magazine 'PHARMA SANJIVANI 2022-23'. I am also very happy that target of our college to equip students with valuable information in education sector, industry and other competitive sectors is achieved and we are further progressing in that direction setting new standards. In addition to the numerous achievements of the institute this is yet another mile stone in their curricular and co-curricular activities. I hope the magazine will bring creative talents in the students of the institute. I wish entire editorial team all success. "





Hon. Smt. Snehlata Tai Bipindada Kolhe

Ex.MLA, Kopargaon Govt.of Maharashtra

• Message •

It gives me an immense pleasure to write message for college annual magazine "PHARMA SANJIVANI 2022-23" of Sanjivani College of Pharmaceutical Education and Research, Kopargaon.

I was overwhelmed to hear that the theme for this year is "**Pharmacy strengthening health systems**". Good health is important for the nation to develop on all fronts. We hope that our students will contribute in healthcare sector. I am sure that with the very able management and dedicated teachers college is providing a very high quality education. Everyone in this college, I believe, is in an atmosphere of immense joyful teaching-learning environment.

I sincerely hope that SCPER will surge ahead in leaps and bounds and shall be counted amongst best college at global level.

I would like to congratulate the editorial team for coming up with such an important topic.



Hon. Shri. Amitdada N. Kolhe

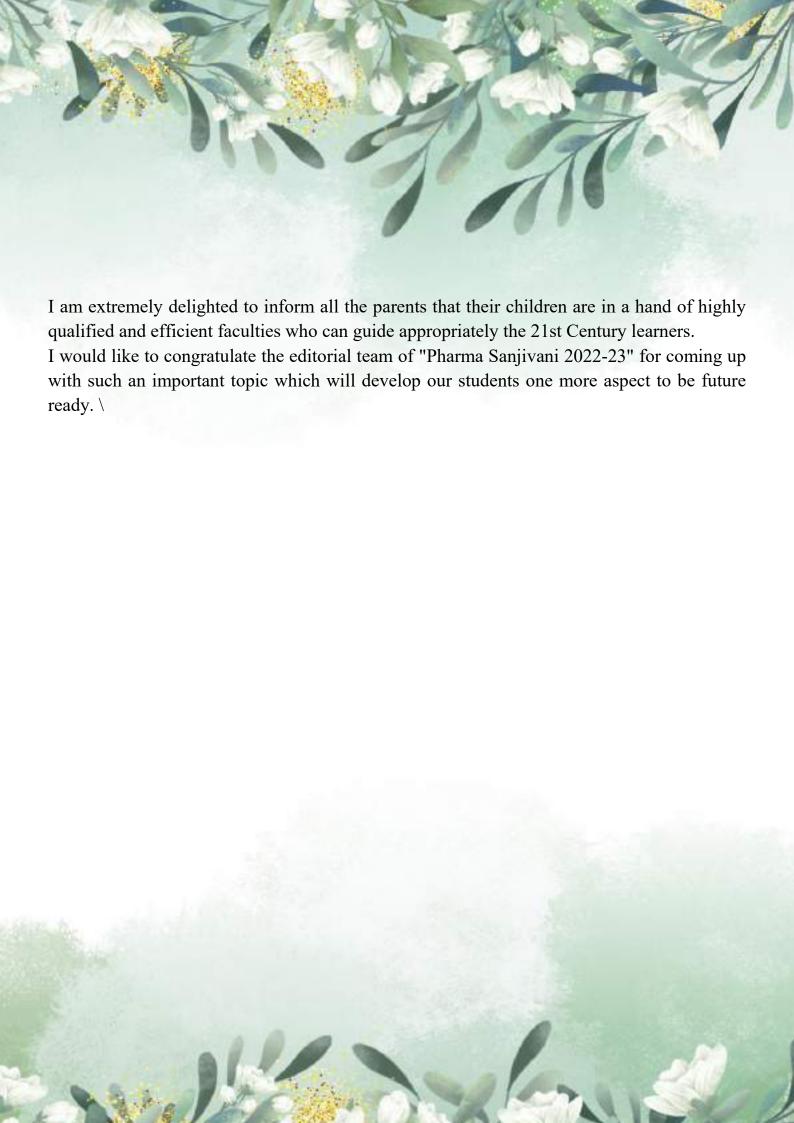
Managing Trustee
Sanjivani Rural Education Society, Kopargaon

• Message •

Students who are studying today in college today will be the adults ready for further education and to face the world in years from 2025 to 2030 and beyond. This is a very different world from the one experienced by grandparent, parents, teachers. There future is being shaped by two major forces- First is 4th industrial age driven by artificial intelligence, Machine learning, and allied technologies like the internet of things, Blockchain, 3D printing, AR, VR and 4th education revolution which is disrupting the traditional education model, propelled by the same technologies.

This leads to two very important questions. The first one what a student should learn in college and second is how do we teach what should be taught.

It is often said that change is the only permanent. Bur what we are experiencing is that rapid rate of change. And its wider impact across almost all fields of human endeavour. Predicting future is futile and becoming intelligent for making perfect future too. We must develop foresight and be pro active learners so that will not let sway in misinformation. This is the true objective of a good college education: to prepare students to prosper, flourish and thrive in an unknown and rapidly changing future.





Hon. Smt.ManaliTai A. Kolhe

Director Sanjivani Academy, Kopargaon

• Message •

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Hon. Shri.Sumitdada N.Kolhe

Trustee
Sanjivani Rural Education Society, Koparagoan

• Message •

Dedication, determination and discipline are the keys of success and with these 3 keys we are creating future of students in academic, professional and other areas of life. Hence I am glad to know that Sanjivani College of Pharmaceutical Education and Research, Kopargaon is ready for publication of the annual college magazine "PHARMA SANJIVANI 2022-23"

I take this opportunity to congratulate the editorial board for bringing out this magazine as per schedule, which in itself is an achievement considering the effort and time required. May all our students bring glory to the world and their profession with the wings of education!





Dr. V.P.PatelPrincipal

• Message •

Today, the role of a college is not only to pursue academic excellence but also to motivate and empower its students to be lifelong learners, critical thinkers, and productive members of an ever changing global society.

At SCPER we provide an atmosphere to our students for multifaceted development, where students are encouraged to channelize their potential in the pursuit of excellence. This can only be possible in a holistic, student-centric environment. The talents, skills, and abilities of each student need to be identified, nurtured, and encouraged so that he / she is able to reach greater heights. Students need to be provided with a platform to think, express, and exhibit their skills. It is necessary to empower them to negotiate several issues that confront them, with the teacher being a facilitator.

The student is striving hard to make the best possible efforts to inculcate strong values combining with academics and extra-curricular activities in the student. Converting every individual into a self-reliant and independent citizen, the college provides an amalgam of scholastic and coscholastic activities.

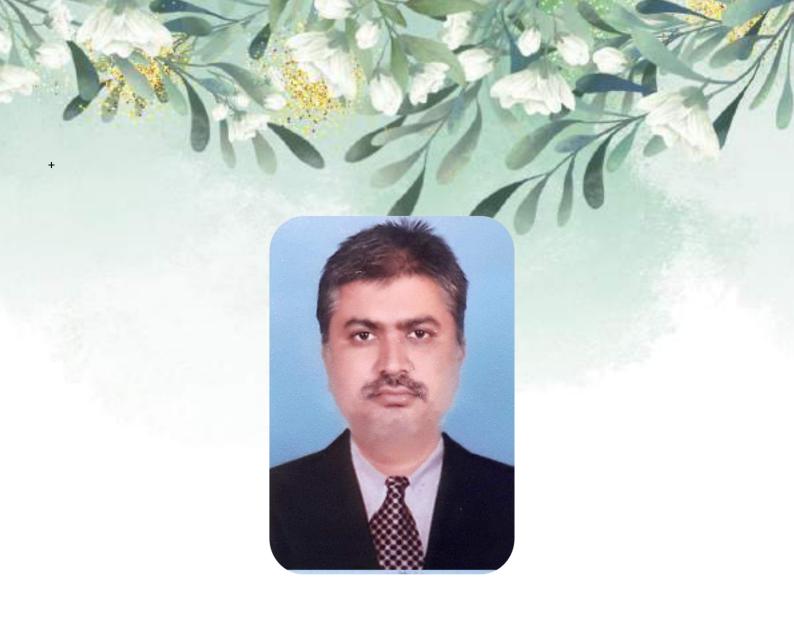
Our approaches to learning is student centric, encouraging activity based learning and inculcating a scientific temper and a spirit of free enquiry. In our curriculum the student is the primary focus and each student is involved in the learning process. We are constantly improving our teaching methodology so that it turns learning into combination of classroom study, research and scientific discovery.



While academic excellence is our major thrust, the college is also devoted to prepare the students for life, groom them to face the challenges of tomorrow, and encourage them to be socially relevant. We constantly endeavour to always live up to this ideology and inculcate this into everything we do, with the aim that we will be able to ensure that the student grow to their full potential, while constantly being groomed to pass out as men and women competent to bear responsibility in all walks of life.

The parents are the most strengthening power in moulding the future of students.

I am confident enough that the SCPER will make themselves stronger day by day, adding a new leaf to the grandeur of the college.



• Editorial Message •

EDUCATION IS THE MOST POWERFUL WEAPON WHICH YOU CAN USE TO CHANGE THE WORLD

Progress is nothing but change and change can be achieved through good education. I am glad to pen for this wonderful magazine "PHARMA SANJIVANI 2022-23" as an appreciation of the commendable efforts put forth by the team of students. The efforts taken to bring about content is appreciable and I congratulate all students for this great creation as a part of their activities other than academics.

Wish you all a grand operation throughout the year.







पाणेदार नेत्रात आठवणी दडपून राहतात, अश्रू वाहून जातात, जुन्या आठवणी मात्र तशाच राहतात..!

मोह-मायेचं नातं आठवणींना डिवचतं, प्रेमाचं सांगड आठवणींना सावरतं, गैरसमज आठवणींचा चक्काचूर करतं, नवीन संबंध जन्माला येतात, जुन्या आठवणी मात्र तशाच राहतात...!

वाद-विवाद, कर्म- विकर्म परतफेड निश्चित आहे. गंभीरतेचे घाव मनाला बसताच, कर्मभोग मिटले जातात, जुन्या आठवणी मात्र तशाच राहतात...!

भावना नलगे



रंग माझा वेगळा..!!

इंद्रधनुष- सप्तरंग रंगते सारी दुनियादारी, काया अडकुनी मायात त्या, मनसा का न रंगती? मौज-मजा स्थूल सारी हर्षित करी क्षणाला मायाच्या गळ्यात गुंफणे, शोभते का मनाला? विकाराकडून अविकाराकडे नेई तोच मज खरे, विचारांची चढाओढ चाले सकारात्मकतेच दिशेकडे.

यश शिखर, यश कळस सहज सोपा मज वाटे, विश्वातल्या विश्वात राहुनही रंग माझा वेगळ असे..! रंग माझा वेगळा

- भावना नलगे



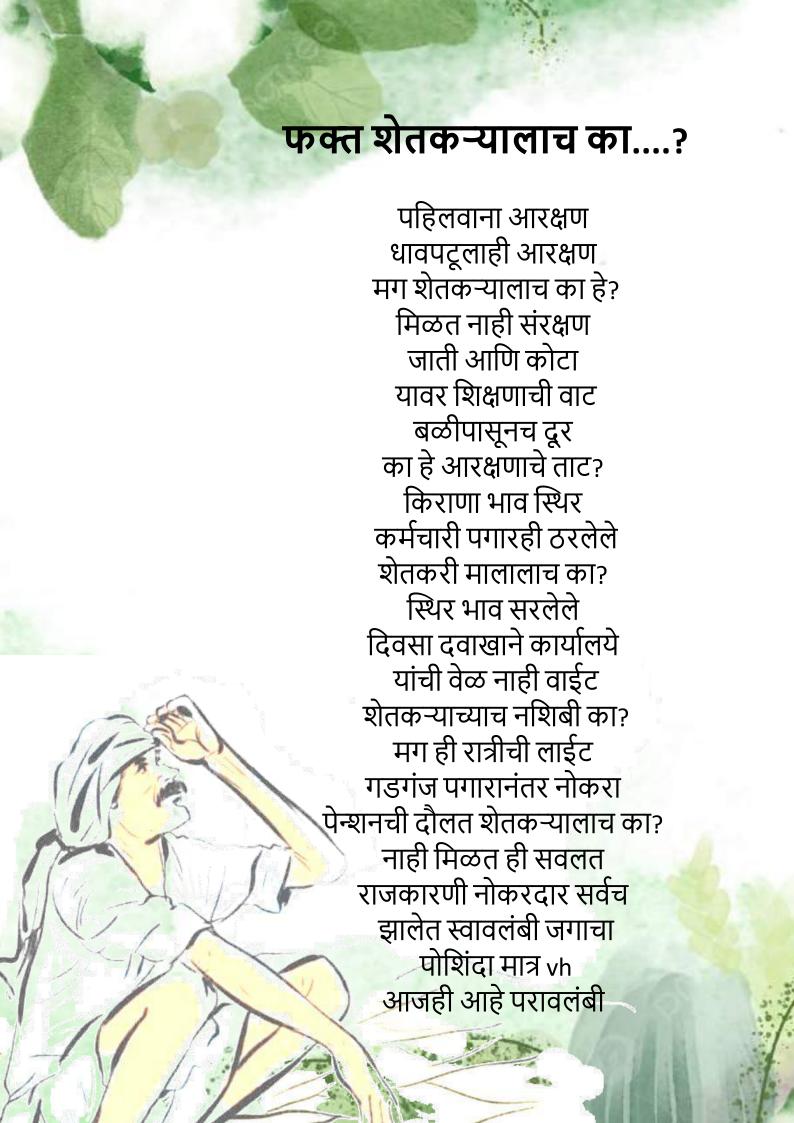
छंदाचे छंदपण...

मुक्ताईस बोलवावे, छंदाईस शरण जावे, छंदाचे छंदपण येई पाठोपाठ.

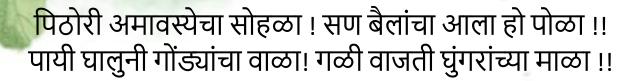
मनाचा कानोसा घेई तत्पर, कर्मासी वेळ न लागत, छंदाचे छंदपण जानवी तयासी.

मनाच्या मनं समान असती तयासी, बोलावेस मजसी जणू काही, छंदाचे छंदपण बोले त्यासी...

- भावना नलगे



पिठोरी पोळा



मुक्या बैलांच्या लेऊनी बळा ! मातीत राबूनी पिकवती मळा !! एक दिवसाचा त्यांचा सोहळा ! सण बळीचा असे हा आगळा !!

पाठी लेई रुई शेंदूराचा टिळा ! देव बजरंगीची भरता शाळा !! नमन करती बजरंगी शिळा बळ! द्यावे कसण्यासी मळा !!

शिंगा चोपडून रंगीत हिंगळा !बेगडाचा शोभती रंग पिवळा !! सर्जा निघाले पहा हो देवळा! बळी राजाचा शोभे मावळा!!

_बळी राजाचा मालक भोळा ! बैल खुराने कसवितो मळा !! सण आमचा हो मराठमोळा ! सर्जा राजास तुम्ही ओवाळा !!

खाया घालुनी पुरणाचा गोळा ! बळी सर्जाला लावीती लळा!! सर्जा बळीच्या हो अवकळा ! सय लावीती एकमेका गळा !!

बैल पोळ्याचा भरवुया मेळा ! आनंद देऊया बाळ गोपाळा !! बालकांना मिळण्या दुधाळा ! देव गाय म्हशीला सांभाळा !!

शेत बागाईत फुलवण्या मळा ! सर्जा राजाला लाऊया लळा !! बैल सर्जा असे नाहो भोळा ! जपू मराठी सणाचा सोहळा!!

मोबाईल

Calling -messaging सोप्पं झालंय मोबाईलचा काळात, हॅलो- हॅलो करत करत हाल-ओ, हाल-ओ चा इशारा देतोय जोरात.

करमणुकीचं साधन झक्कास लई भारी, आयुष्य कारणी लागतंय का तपासलय का एकदातरी?

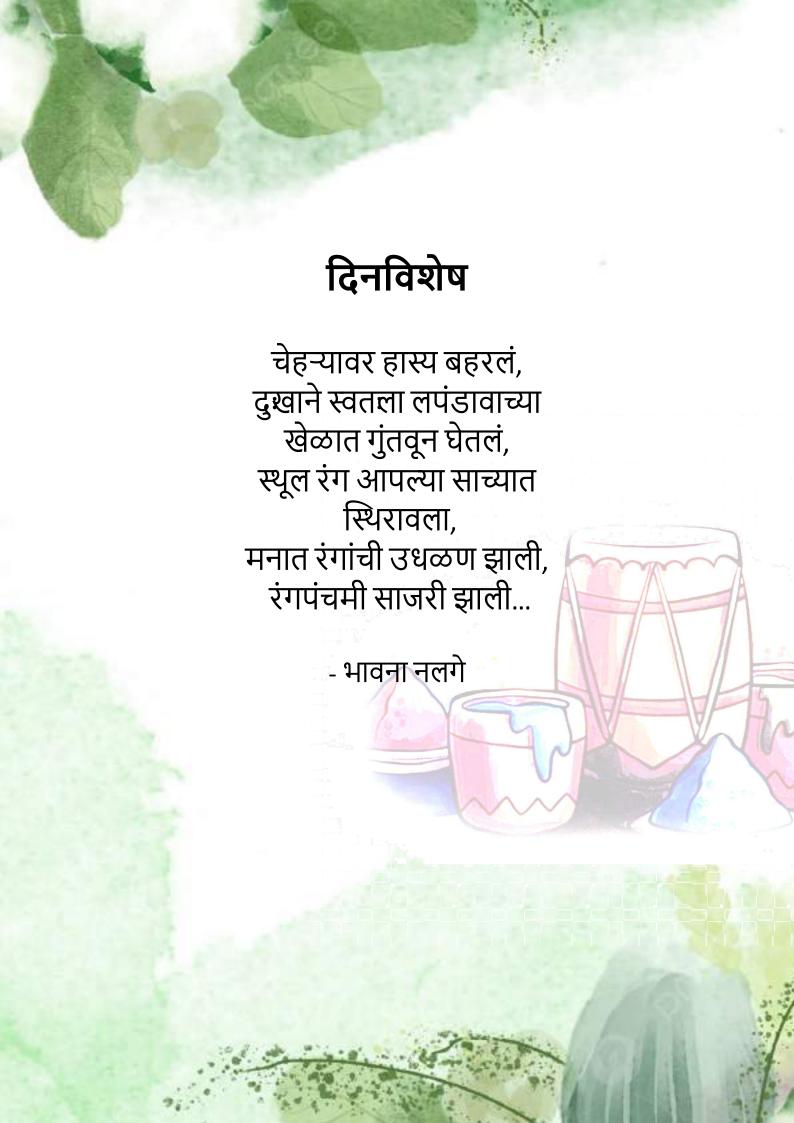
Whatsapp, Facebook, Twitter जिवकी प्राण आहे म्हणे; लचांड गळ्यात पडल्यावर तोच प्राण नको झाल्या सारखे का हो वाटे?

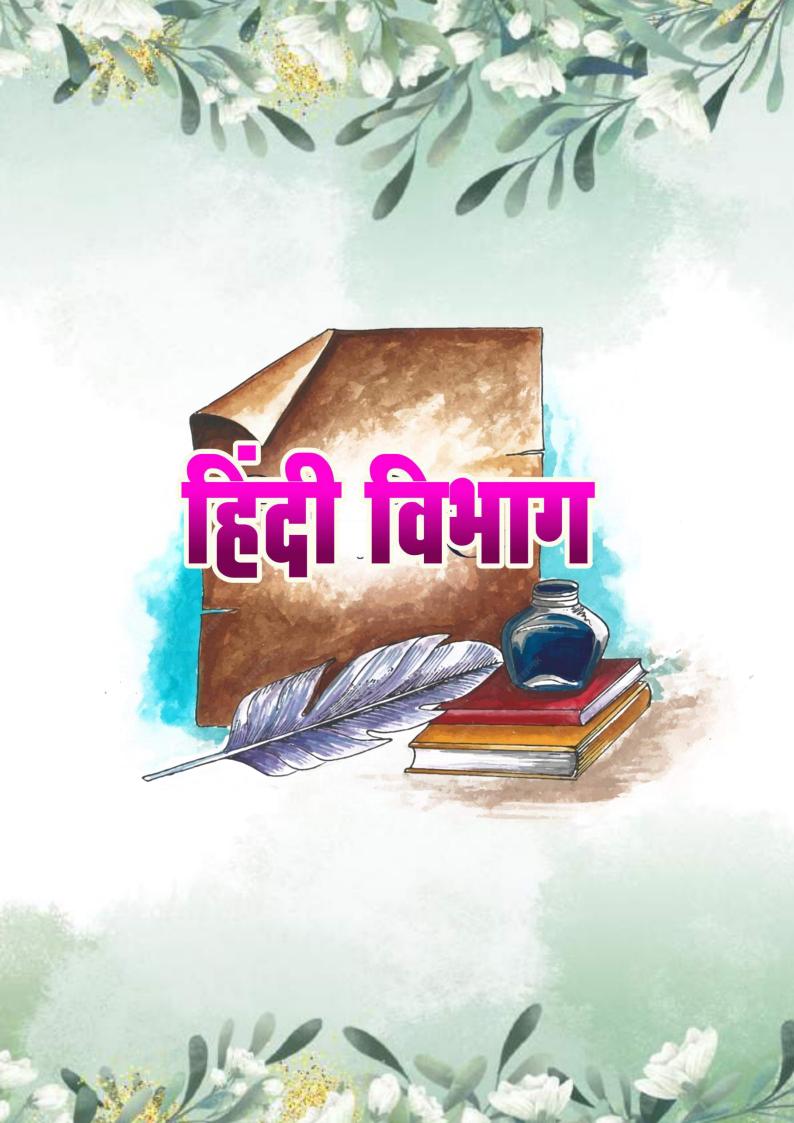
Whatsapp status च फॅंड हल्ली खूप जोमात आहे, स्वतचं स्टेटस डेव्हलप करण्याचं mission त्याहून अधिक No.1 आहे.

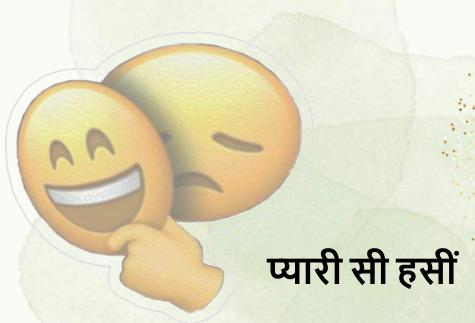
> एवढ्याशा device मध्ये सारी दुनिया store असते, प्रत्यक्ष अनुभवल्या शिवाय feeling कधी येत नसते.

मोबाईलवेडा कलंक काही साधासोपा नसतो, सूक्ष्मतेने अभ्यासा जरा Network खूप भयानक असतं.

-भावना नलगे







प्यारी सी हसीं चीख़ बन गयी.. हैवानो ने लडकी तो क्या, बच्ची की भी मुस्कुराट छिन ली.....

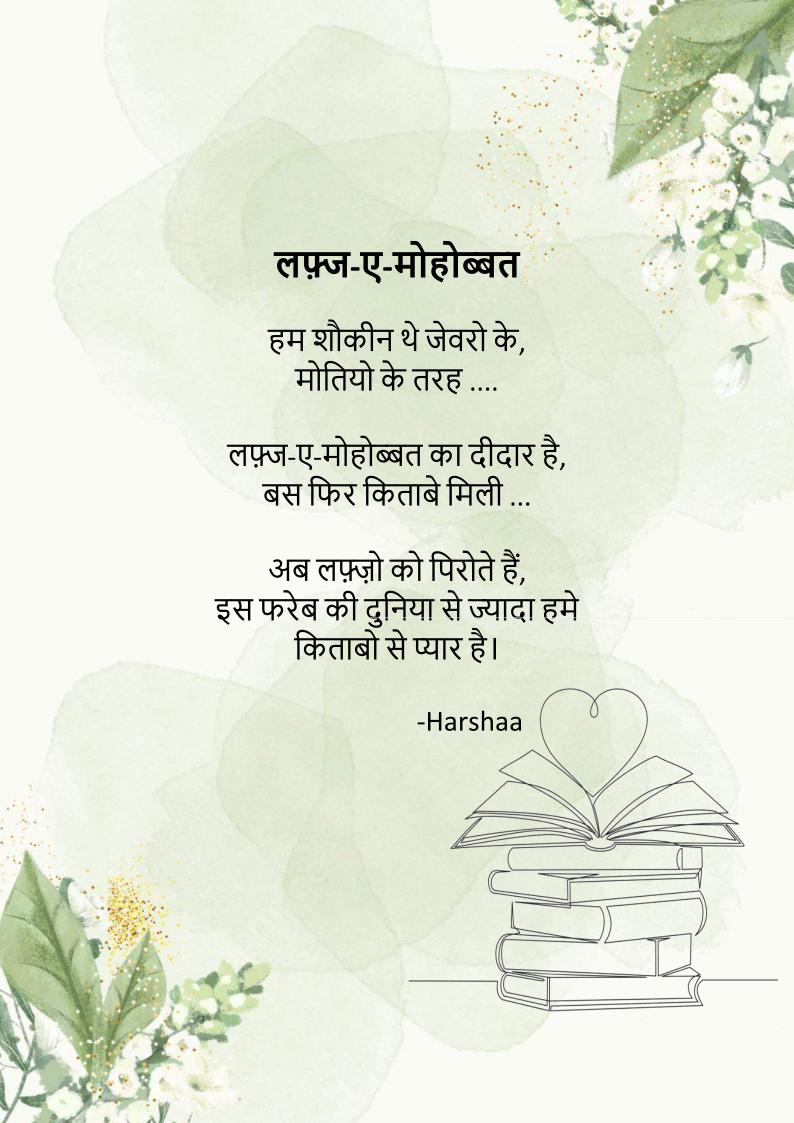
क्या मिला ये घिनोना पाप कर के...? क्यों हाँथ भी काँपे नहीं तुम्हारे, उस वक्त जबर्दस्ती करते-करते ..

उसकी आवाज़ों ने सन्नाटे को चीर दिया क्या फिर भी तुम ने उसे अनसुना किया ???? क्यों करते हो तुम ऐसा अपराध, जैसे अब हर पुरुष लगता है हैवान...!

गोविन्द ने लाज़ बचाकर भी, महाभारत हुआ... तुमने तो नोच खाया फिर भी कोई अपराध दर्ज ना हुआ...

तो बताओं साहब ये कहाँ का न्याय हुआ. ये कहाँ का न्याय हुआ

-Harshaa



पिता

पिता एक उम्मीद है, एक आस है परिवार की हिम्मत और विश्वास है, बाहर से सख्त अंदर से नर्म है उसके दिल में दफन कई मर्म हैं।

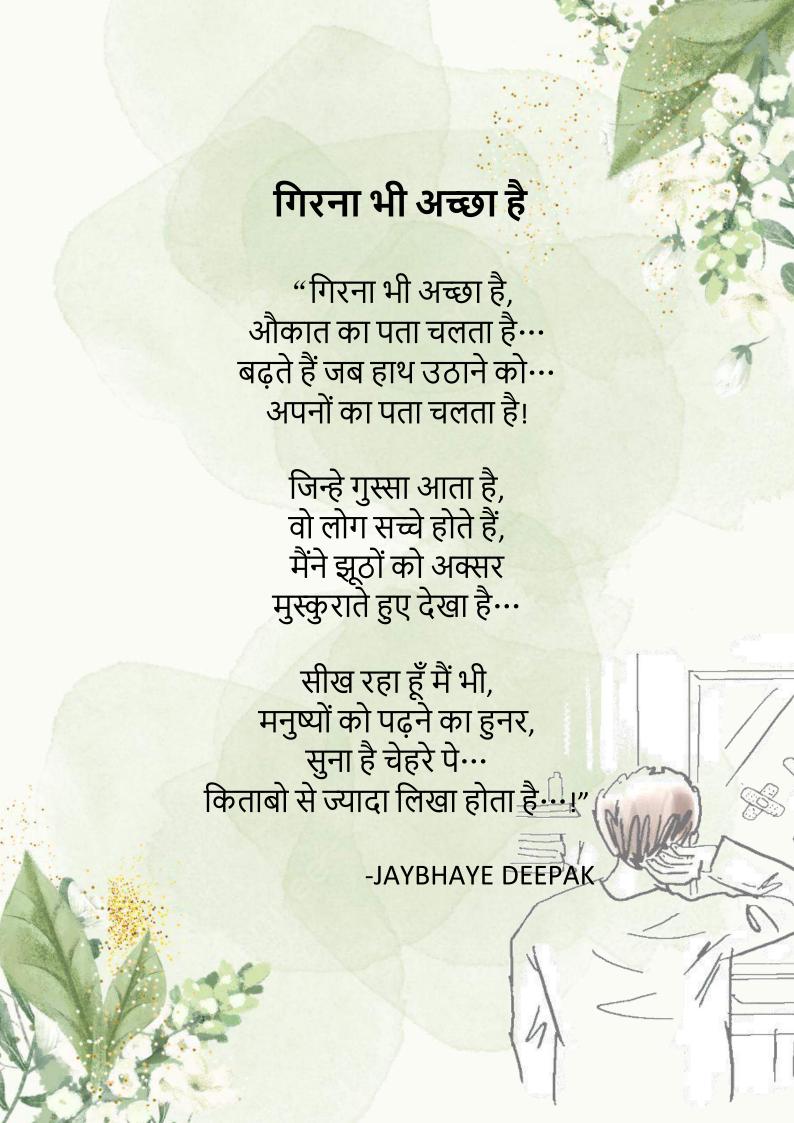
पिता संघर्ष की आंधियों में हौसलों की दीवार है परेशानियों से लड़ने को दो धारी तलवार है,

बचपन में खुश करने वाला खिलौना है नींद लगे तो पेट पर सुलाने वाला बिछौना है।

पिता जिम्मेवारियों से लदी गाड़ी का सारथी है सबको बराबर का हक दिलाता यही एक महारथी है सपनों को पूरा करने में लगने वाली जान है इसी से तो माँ और बच्चों की पहचान है।

पिता ज़मीर है पिता जागीर है जिसके पास ये है वह सबसे अमीर है, कहने को सब ऊपर वाला देता है पर खुदा का ही एक रूप पिता का शरीर है।





अभी भरा नही

अभी ना जाओ छोड़कर की दिल अभी भरा नही ये सुबह का चांद और शाम का सुरज अभी ढला नही कुछ हवाये है बाकी सर्दी की यु तरसता छोड़कर जाओ नही इन खुली बाहो में ठहरो तो सही इन गहरे आंखो में डूबो तो सही अभी ना जाओ छोड़कर की दिल अभी भरा नही तेरी मासूम सी हसी को देख लु यु निगाहे ना फेरो हम से जरा जन्नत-ए-इश्क कुबूल करलो की दिल अभी भरा नही अभी ना जाओ छोड़कर की दिल अभी भरा नही

-Harshada Gaikwad

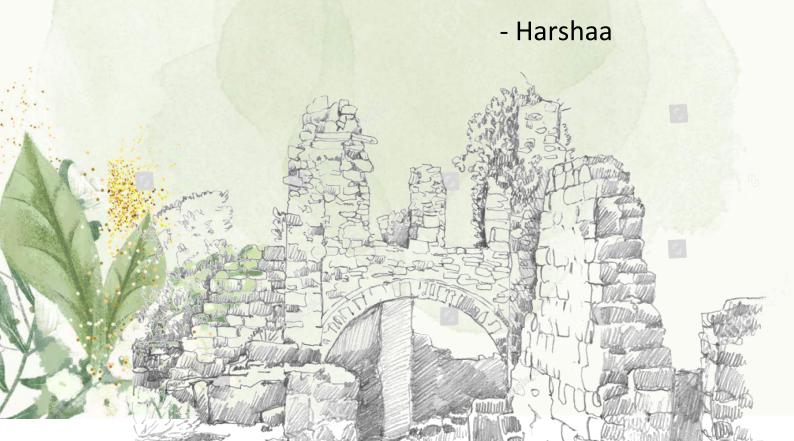
खंडर

कुछ दिन से बात नहीं हुई उससे कुछ खाली सा लगता है मानों बरसों बित गए अब सब खंडर सा लगता है....

वो समझदार है हमसे जुदाई का दर्द भी हस कर सेहता है हम ना समझ तो नही पर उसके बिना सब खंडर सा लगता है

कोई बता दे उसे ओठ थरथरा रहे थे दिल की रफ्तार काबू मे नहीं रही कान तरस गए है आवाज सुनने को ना जाने क्या-क्या हो रहा था

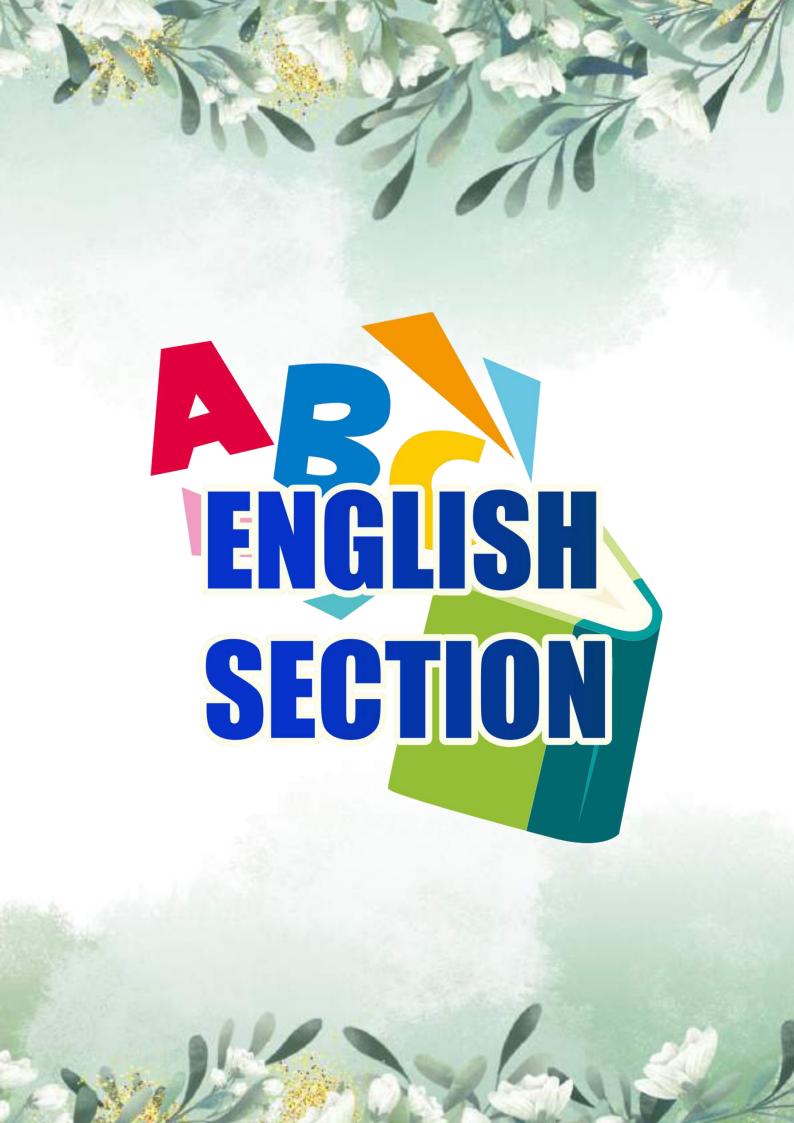
तभी एक मधुर सी पुकार आई रात का सपना सुबह ले गई पंछीओ की किलकिलाहट ने जगा दिया मानो दिल का दर्द सूरज देख भर गया

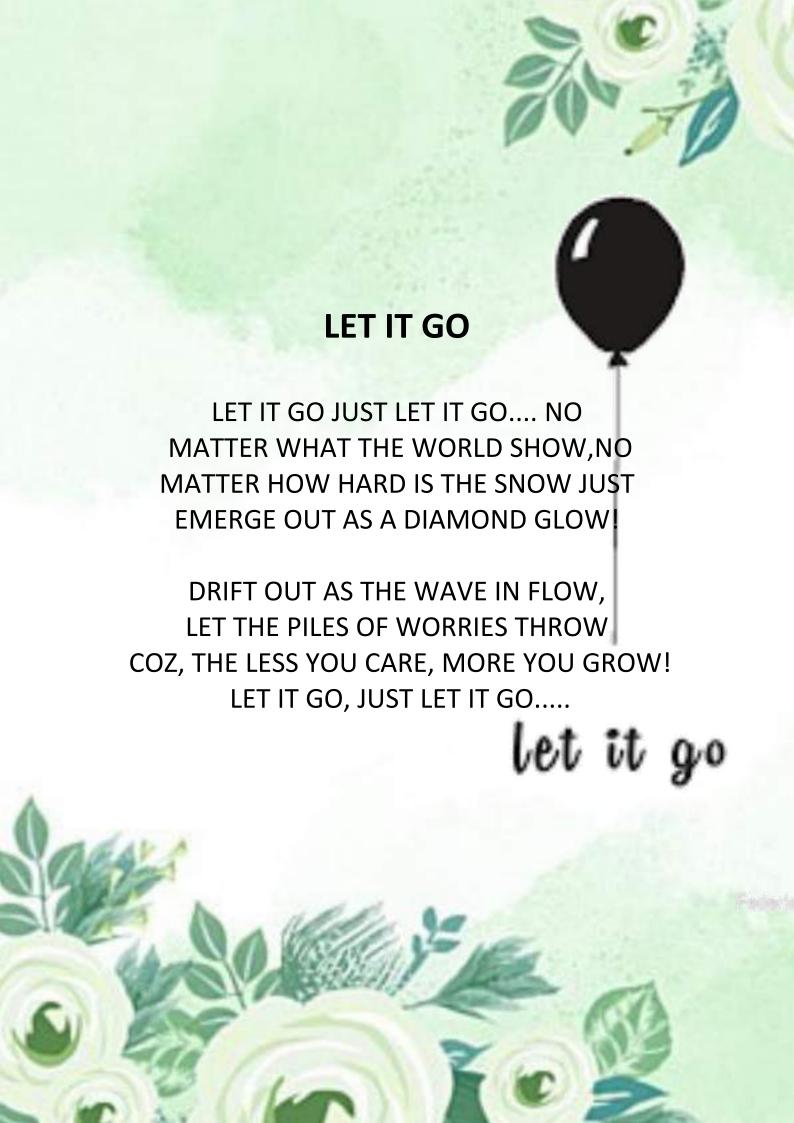


मेरे शाम

तुम मेरे हो, मेरे शाम ना मुझे राधा सा प्यार चाहिए ना मुझे रुक्मिणी सा हक चाहिए ना मुझे मीरा सी चाह है मुझे तु मोरपंख बनाए रख हर वक्त अपने करीब कर तु राम सा पुरूषोत्तम बन मै सती सी भस्म होने को तैयार हुँ सीता सा अपना पवित्र सिद्ध करना, राधा सा त्याग मुझसे होगा नही तुमसे दुर जाना किसी नर्क याताना से कम भी नही त्याग से ज्यादा मैं भस्म होना पसंद करूंगी सिद्ध करके मुझे अपने प्रेम पर संदेह करना नही मेरे शाम मै शामरंग में रंगने बेसब्र हुँ बस ध्रुव सा मेरा स्थान अटल रख हे गिरिधारी तेरी 16 हजार 108 रानियां मुझे मंजूर नही तुम सिर्फ मेरे रहना मैं ईशा सौ तेरी तु शिव सा मेरा होना समय बलवान है किस्मत की लकीरों में सिर्फ तु हो फ़िर भी तेरे प्रेम के लिए मैं राधा बनुगीं विवाह किसी ओर से ही सही प्रेमिका तेरी ही रहूंगी।

-Harshada Gaikwad







DAD

STRONG AS SUN HE IS,
TO BRIGHTEN MY LIFE...
LIKE A MOON HE IS,
TO LIGHTEN MY SADNESS BOLD ENOUGH HE IS,
TO TACKLE ALL THE PROBLEMS &
SITUATIONS...
NOT LESS THEN A SUPERHERO HE IS,
LOVE DAD
TO FIGHT FOR THE LUXURIES OF LIFE... WITH A CALM
HEART HE IS,
TO EXCUSE MY MISTAKES...
HE IS A PERSON WHO CARES THE MOST....



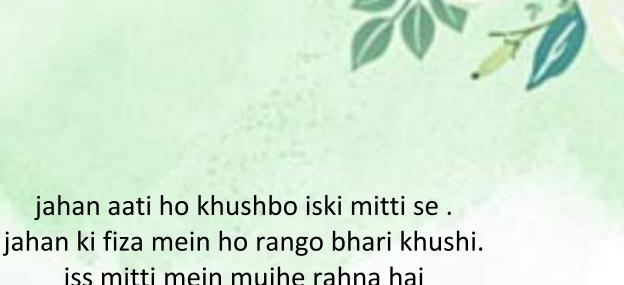


SOMEONE

Sometimes we all need a soft conversation with our love one's. Those peaceful talk gives us positive energy. In those talks we just a need of sweet eye blinking to understood whole mood. To those smiley chubby cheeks need a pulling in between talks... Yes sometimes we don't know what we want exactly! And it's okay to be having such crazy mood swings with someone who accept you as you are! isn't it such a beautiful feeling!

-Harshaa





iss mitti mein mujhe rahna hai
iss fiza mein mujhe bahena (flow) hai.
aaj to mana rahe hai hum azadi ka amrit mahotsav.
meri to aarzo hai ki main dekho azadi ki paheli subha.
koi to ho jo mujhe le jaye wapas us subha jahan hoti hai
meri desh ke azadi ki paheli subha.

-Wani Shruti vasant





Maybe ..

Maybe,
all you see is an illusion
Maybe,
All you hear is a bunch of lies
Maybe,
You think you know it well enough
And may
You know it, only Extent that they
Want you to be seen, heard and known.

-Dhanwate Gauri Vijay





Me

I didn't know
I was capable of building
My own bridges for others.
I felt indebted
For the things
That I should be grateful for.
Little did I know that
I'm in the process of healing.
I realised, How come nobody tell us
That we can be vulnerable.
I'm now awakened, from the deepest sleep
That faded 'me' on the way.

-Dhanwate Gauri Vijay





Dad

Strong as Sun he is, To brighten my life...

Like a moon he is,

To lighten my sadness....

Bold enough he is,

To tackle all the problems & Situations...

Not less then a superhero he is,

To fight for the luxuries of life...

With a calm heart he is,To excuse my mistakes...

He is a person who cares the most...

He is person whom i needs the most....

I call him, Dad.....

-Rutuja Gaikwad





"And then There Are People Who Feels Like Sunset, Music And Everything That Makes Your Heart Smile ."

Have you Ever Met the people's Who just feels like yours? Who just Love Selflessly? Who just hold

you Tight When you are at your Worst? Where You Wanna Run Over And Over Forever!!

They! They are the Ones, Who are Our Home, Our Comfort, Our Saviour, Our Forevers! Who Makes

Everything Right. They are the ones Who Loves undoubtedly....The love that demands Nothing in return

Other than Person's Safety, Happiness And Well being.

Whose Glory Feels like yours,

Whose Sadness becomes yours,

Whose Victory Seems yours,

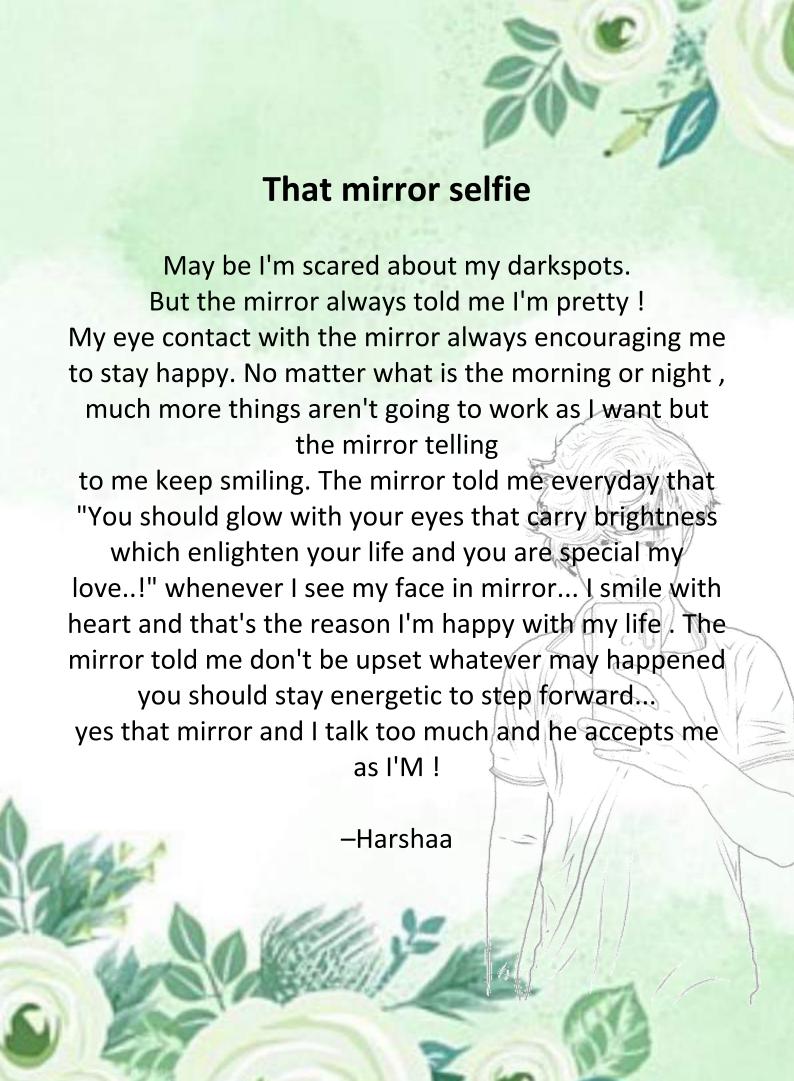
Whose failures Belongs to you!

Indeed!! Home isn't A place With just Four walls ,It's A Wave of Millions of Emotions .the People Who

found Solace in their homes Are literally the blessed Ones . They are the Ones Who Can proudly Say

"Home isn't A place, It's A Person And We Are Finally Home!!"

- Shaikh Aiman A





She is not well, her womb is crying... Her uterus is bleeding badly but no one cares about it. That each clot of blood feels like hell.

Still she doing her work without any arguments. But her eyes can't cry because everybody says it's natural and habitual to her...

Yes it's natural process then why the society is not talk freely about it.?

Everyone knows that endometrium layer is form for the development of fetus and which is rupture after specific duration of time then why the peoples saying that bleeding is unpure.?

If that blood is unpure then why that blood and flesh are used to development of fetus?

Sometimes excessive bleeding can cause stains on clothing which is normal but people create scene's which quite embarrassing to that girl... Why do some people behave so shamelessly even though they know that women get bleeding for 4 days.



That hiding of sanitary pad don't make any sence but still people doing it. they use black polyethylene bags to carry pads... I really don't know is this good way to express my thoughts or not and I'm not enough with this.. there are lot's of superstitions which are totally nonsense! Some of you also think that I'm such shameless who is talking about periods openly and really i don't care about what is your opinion about me..

I want to tell you one thing, if you can't respect us, please don't be ashamed of us... I'm proud of us, we bleed to create new life...





